

Staff

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Dillon Lee,PT, DPT

Dillon earned his Doctorate of Physical Therapy from the University of Florida and a Bachelor of Science degree in Athletic Training from Metropolitan State University of Denver. Throughout his education and clinical practice Dillon has gained experience treating various musculoskeletal conditions. Dillon utilizes an evidence-based approach to patient care and employs a variety of manual therapy techniques including joint manipulations and mobilizations, dry needling, and soft tissue techniques to achieve optimal patient outcomes. Dillon has worked in various settings including post-operative rehabilitation, concussion and vestibular rehabilitation, and many other orthopedic and musculoskeletal conditions.

Dillon grew up in Arvada, Colorado. He enjoys watching and participating in sports, trying new food and restaurants, and exploring what Colorado has to offer.



Dr. Brett Green,PT, DPT

Dr. Brett Green earned his Doctorate of Physical Therapy from Regis University in Denver, Colorado. He specializes in low back pain and neck pain and finds passion in getting active Coloradans back to their desired recreational activities. Brett has experience with shoulder pain and injury, chronic pain, and return to running programming.

Prior to his graduate training, he spent four years in Thousand Oaks, California, attending California Lutheran University, where he earned a Bachelor's degree in Health and Exercise Science with a concentration in Health Professions and a minor in Psychology while also playing

Throughout his training, Dr. Green has had experience in outpatient, sports, and in patient settings. This has allowed him to work with people from all different backgrounds and age groups. Brett additionally trained in an intensive six-month setting under the supervision of a physical therapist. Brett specializes in treating **low back and neck pain and runners**. He is an avid learner and is always looking for ways to help his patients achieve their goals. Brett is certified in Trigger Point Dry Needling (TPDN) and is in the process of becoming a conditioning specialist (CSCS).

Dr. Green is a Seattle-area native but has easily transitioned to a similar active lifestyle in Colorado.



Isabella Blood,PT, DPT

Isabella received her Doctor of Physical Therapy degree from the University of Colorado Anschutz Medical Campus. She specializes in helping patients rebuild their mind-body connections after injury and trauma, and has expanded her practice to include post-operative conditions.

A practitioner of yoga for over a decade, Isabella has completed her yoga teacher training and adaptive yoga training to integrate into her physical therapy practice. Isabella uses an evidence-based and holistic approach to treatment incorporating joint mobilization, manual therapy, acupuncture, dry needling, exercise, ergonomics, task-specific re-training, and more to get her patients back to doing what they love.

In her free time, Isabella enjoys spending time with Maple (her cattle dog), practicing yoga, doing pilates, knitting, painting, and reading.



Dr. Alex Lanton,PT, DPT, OCS, CEAS, ICE- Cert Pro Bike Fitter

Alex graduated with his Master's and Doctorate degrees from University of North Carolina at Chapel Hill. Alex is a board certified specialist in manual therapy with a distinction only ~2% of therapists have. He is a specialist in many types of manual therapy including, trigger point dry needling, Mckenzie and many more. Alex has a special interest and specializes in treating **spine** (back, rib, headache, and neck) and joint disorders (EDS) and sports medicine. Alex also participates in and specializes in treating all **adventure and mountain** related injuries. Alex's goal is to get you back doing what you love.

Alex is also a certified bike fitter. If you need help with pain or performance on the bike he can change things to help!

Alex loves the outdoors and is in the mountains whenever possible hiking, mountain biking and skiing.

Alex is part of Art of Motion Physical Therapy, please [click here](#) to see what that means.



Dr. Kate Goforth,PT, DPT, CAPP-OB

Kate is a doctor of Physical Therapy who specializes in Women's Health. Kate graduated with her Doctorate degree from Eastern Shore. Since completing her initial schooling Kate has obtained continuing education certificates in the areas of **dysfunction, incontinence**, caring for the **pregnant patient, postpartum rehabilitation, and trigger point dry needling** in the community and is passionate about providing comprehensive care to women in every stage of their life. Some of the conditions she regularly includes stress and urge incontinence, pubic symphysis pain, sacroiliac dysfunction, diastasis recti, pain with intercourse. Kate recently obtained her Certification of Achievement in Pelvic Physical Therapy - Obstetrics; a distinction less than 1% of her peers have achieved. She has also received training specific to caring for patients in the transgender community, both for pre and post-operative patients.

Kate is an East Coast transplant and loves everything Denver has to offer. She enjoys hiking with her dog, camping, and traveling.



Dr. Jasmine Reynolds,PT, DPT

Jasmine grew up in a suburb of Chicago where she was a multi-sport athlete and, ironically, found her passion for physical therapy multiple times herself. She then went on to receive her Doctorate of Physical Therapy from Saint Louis University.

She has advanced her career through continuing education courses like dry needling and soon hopes to add a certification (CSCS). Jasmine is an avid learner and excited to continue to progress her skills set in order for patients of all levels to benefit from treating patients of all ages with various conditions from chronic pain to post-operative care.Â

Jasmine and her husband recently moved to Denver from the Midwest and are excited to explore and experience all Colorado has to offer. They enjoy hiking, gardening, snowboarding and watching Formula 1.



Dr. Jasmine Reynolds, PT, DPT

Dr. Andrea Guevara,PT, DPT

Andrea received her undergraduate degree from University of Texas at Dallas in 2015. While at UTD, she was a 4-year member of the Women's Soccer team earning several accolades for athletic and academic performances. In 2016, she was accepted into Texas Southwestern Medical School, and graduated in 2019.

Since graduating, Andrea has advanced her career through courses involving sports-related injuries and post-op, return to play. She has a special interest in the rehabilitation of patients with **hypermobility or EDS**. Due to her experience playing soccer in her community, she also has an interest in the rehabilitation of **CrossFit and soccer** athletes and believes in incorporating a holistic approach when evaluating her patients. Andrea is dry needling certified and is working on becoming a Certified Strength and Conditioning Specialist.

Andrea is a native Texan and moved to Denver upon graduating. In her free time, she loves to be active outdoors, attend to her family, and her dog, Cobie! She is also an Ambassador for Go4Graham where she promotes mental wellness through physical activity.



Dr. Kimberly Martin,PT, DPT

Kimberly is a Doctor of Physical Therapy specializing in orthopedic injuries and pelvic health. Kimberly graduated from Concordia University, St. Paul. Her desire to pursue physical therapy began with her experience working with individuals. She has pursued a degree in Exercise Science and a certificate in Disability Studies from the University of Iowa. She has pursued

since obtaining her DPT, including pelvic floor dysfunction, incontinence, and functional dry needling.

She is active and passionate about professional development and leadership within the American Physical Therapy Association that seek out care. She also hopes to pursue additional certifications to advance her skills in both orthopedics and pelvic care are to help individuals across the lifespan to continue doing the activities they love and to prevent future injuries.



Dr. Nikhil Patel,PT, DPT, CSCS

Nikhil earned his Doctorate of Physical Therapy at the University of Miami in 2018. His passion for physical therapy it can have as he was volunteering with an organization to integrate children with special needs into the world of sport

As a former athlete and personal trainer, Nikhil has always had an interest in athletic performance optimization and injury prevention. He is a Physical Therapy and Conditioning Specialist and his hands on skills include functional dry needling, myofascial release, joint manipulation, and taping. Nikhil has a special interest in treating patients with **TMJ, low back pain, headaches**, vertigo, and **pediatric sports injuries**. In addition to adventure sports, he enjoys working with endurance athletes, skiers/snowboarders, and rock climbers.

Nikhil moved to Colorado because of his love for the outdoors. In his free time, he enjoys rock climbing, skiing, whitewater rafting, and hiking.



Dr. Adele Looper,PT, DPT

Adele received her Doctorate of Physical Therapy from Washington University in St. Louis. During her time in St. Louis, she provided physical therapy services for underserved populations, and was an avid volunteer for Special Olympics Missouri. She first found her passion for physical therapy through subsequent ACL injuries as a high school and collegiate soccer player and was greatly impacted by the physical therapy she received. Adele finds joy in developing relationships with her own patients and getting them back to the things they love.

Adele is interested in orthopedics and specializes in **pelvic health physical therapy**. She is passionate about **shoulder and hip** **health rehabilitation** and physical therapy. She believes that pelvic health can be incredibly impactful and can empower patients with pelvic floor dysfunction. Adele has completed certification to treat male pelvic floor patients.

Adele recently moved to Colorado and enjoys trail running, running ultramarathons, rock climbing, camping, snowboarding, and hiking outdoors in her spare time. She loves live music, good food and drinks, and is always looking for new recommendations.



Dr. Adele Looper,PT, DPT

Dr. Lauren Muncy,PT, DPT, CMTPT

Lauren earned her Doctorate of Physical Therapy from Old Dominion University in Norfolk, VA in 2019. Her passion for healthcare, and her decision to become a PT was solidified after rehabbing various sports injuries growing up. She has continuing education experience in coaching olympic lifts.

Her evidence based treatment techniques aim to decrease pain, improve patient function, and help individuals return to fitness-forward interventions, along with skilled manual techniques to help patients move more efficiently and effectively with all patient populations and injuries, with special interest in treating lower extremity injuries, lower back pain, cross-country athletes.

Lauren recently relocated to Denver from the East Coast and is looking forward to easier mountain access. In her free time she enjoys traveling, and playing with her cat, Lentil.



Mandy Muhr, Exercise Specialist

Mandy is an Exercise Specialist who is originally from Orange County, California. Mandy graduated from the University of California, San Diego in Psychology with an emphasis in course studies in Integrated Physiology. Mandy's appreciation for physical therapy was born from her own sports related injuries. Mandy has enjoyed playing competitive sports her entire life and has seen first-hand how physical therapy can help get you back to doing what you love. It's from these personal experiences that a passion grew to want to help others through a physical therapy approach to healing.

When not working at Atlas, Mandy enjoys playing co-ed soccer, skiing, pickleball with friends, reading, and cooking.
