

Introduction to Arthritis

Physical Therapy in Congress Park, Denver Downtown, Central Park, and Highlands Area for Arthritis

Welcome to the Atlas Physical Therapy's resource about arthritis.

Arthritis is one condition that can be incredibly debilitating to a sufferer of this disease. Arthritis can cause pain, inflammation, stiffness, limitation of movement, and can keep you from fully enjoying your life.

However, there is a light at the end of the tunnel!

This section of our site is designed with you, the Arthritis sufferer in mind. We want to be a resource for you, to provide you with the information and assistance you need in order to take control of your condition and let Arthritis know just who exactly is the boss.

There is no reason you shouldn't be able to do all of the activities that you love to do, whether it is dance, play a sport, lift your children or your grandchildren, or simply sit at the computer and update your Facebook status.

Arthritis doesn't have to kill your fun and if you work with us, we won't let it.

Click on a link to learn more:

[Osteoarthritis](#)

[Rehabilitation](#)

[Rheumatoid Arthritis](#)

[Viral Arthritis](#)

[Psoriatic Arthritis](#)

[Gout](#)

[Research Articles](#)

Hear from some of our patients who we treated for **Arthritis**

•
“ Very pleased with results. Massage and stretching exercises brought immediate relief to my hip pain which had been going on for over four months. Alleviated my fears that pain was due to arthritis.... ”

“ Very pleased with results. Massage and stretching exercises brought immediate relief to my hip pain which had been going on for over four months. Alleviated my fears that pain was due to arthritis. Staff is very considerate and professional. ”

George A

Denver, CO

[View all google reviews](#)

•

“ This place is the best!! Brett is such a great physical therapist. 10/10 experience ”

“ This place is the best!! Brett is such a great physical therapist. 10/10 experience ”

Mitchell A

Denver, CO

[View all google reviews](#)

“ Atlas Physical Therapy, downtown Denver, with Brett and Angela, has been excellent. Not only are they both friendly, but Brett works hard to adjust exercises based on progress, always testing and...”

“ Atlas Physical Therapy, downtown Denver, with Brett and Angela, has been excellent. Not only are they both friendly, but Brett works hard to adjust exercises based on progress, always testing and modifying. ”

Stephen-Laura F

Denver, CO

[View all facebook reviews](#)

•